

Dr. AYED M.H.AL-SHAMMARI
PhD. MPhil. MSc. B.Pharm
MINISTRY OF HEALTH KUWAIT

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Education

University of Bradford UK PhD (The Role of Clinical Pharmacy of the Treatment of Hypertension)	2008-2011
University of Bradford, Bradford UK MSc in Pharmaceutical Services and Medicine Control	2007-2008
Faculty of Pharmacy Bahauddin Zakariya University, Multan, Pak. Bachelor of Pharmacy	January 2000
College of Health Science – PAAET Kuwait Diploma in Health Science - Major: Pharmacy Technician	January 1993

Work Experience

Ministry of Health – Kuwait Director of Pharmacy Service Ministry of health from Job title ' President Pharmacy Specialist'	June 2012
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Work currently Director of Pharmaceutical services in the Ministry of Health and carry out the tasks and business and duties in accordance with the Ministerial Decree No. 212 of 1987, were identified terms of reference of the administration just like any other central Administration as stated by Ministerial Decree No. 166 of 1985, as amended by resolutions ministerial digital 67.151 for the year 1986. In addition to following terms of reference

The annual budget of the workforce in the field of pharmaceutical services were prepared and distributed as needed, the development of specifications pharmacies, buildings, facilities and equipment related to pharmaceutical services, setting the general plan for the circulation of medicines and pharmaceutical supplies according to the actual needs of the hospitals and health centres rates, contribute to the study of research and special studies pharmacy, develop a plan Training for students of pharmacy according to agreements between the Ministry of Health and the University of Kuwait and the Public Authority for Applied Education and Training) and other tasks summons to express opinion Specialist pharmacist.(supervisor of Training Program for Kuwaiti Pharmacist Graduates).

- **Work in Chest hospital diseases after PhD** **2011-2012**

as clinical pharmacist and participate in the development of the treatment plan for patients and study files to make sure the treatment plan and complete all the necessary tests, and provide advice and recommendations

to patients on his word, and for discharge, introduce clinical pharmacist for all staff as the work with them for improvement and development .

-Part time teaching Pharmacology in school of nursing in Public Authority for Applied Education and Training

-Part time teaching of Pharmacology in college of health Science in Public Authority for Applied Education and Training

- **Chest Hospital**

2006-2007

Pharmacist In Charge of Outpatient Pharmacy: my work involved in allocating tasks to team of four Pharmacists and five pharmacists' technician, distribution responsibilities, such as preparing, dispensing of medicine, management of stock control and responsible for ordering of stock.

- **AL-Jahra Hospital**

2000-2006

- Worked in different satellite pharmacies of the hospital including main or central pharmacy deal with in patient and practice of clinical pharmacist, medical, E N T, surgical, paediatric pharmacy ophthalmology, orthopedic.
- Use utilization of information technology for presentations of medication errors in al-jahra hospital.
- Two years works in manufacturing unit cover requirement of all pharmacies with causality pharmacy and in this unit responsible for all preparation include spontaneous dosage form which is very sensitive with full confidences.
- Attended all quality assurance training programme in jahra hospital.
- Attended monthly meetings to address pharmacy related issues within the hospital.

- **Department of Drug and Food Control – Kuwait**

2001-2006

Worked part time as pharmacist inspector on private pharmacies to enforce rules and regulations of drug dispensing and storage.

Laboratory Skills and Techniques

Developed a range of laboratory techniques and skills such as:

- Practice quality assurance and quality control with current GMP and final product.
 - Manufacturing safety laboratory practise for safe working.
 - Completed Good Laboratory Practice and Quality Assurance Programmers.
 - Clinical pharmacology and pharmacokinetic analysis, order of reaction , compartment, bioavailability of drug, clearance of drugs
 - Pharmacology & consequences of different diseases.
 - The important of essential drug list, role of drug donations, drug licensing, counterfeiting, national drug policy, pharmacovigilance, the international conference on harmonization (ICH), procurement
 - Risk-benefit analysis, using medicines to treat such diseases facing many problems,
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Key Skills

IT Skills

- Supervisor of Pharmaceutical service and education in twitter and instagram @Pharmacy_moh
- Used a Ministry of Health customised computer program when ordering stock.
- Familiar with Microsoft Word for everyday correspondence, reports, assignments, and PowerPoint for producing presentations.
- Regular user of e-mail and user of internet for research.

Team Work

- Member committee home seniors services.
- Member of Faculty of Pharmacy council (Represent of Ministry of health).
- Member committee of safe use antibiotics.
- Member committee of the standing national committee for the follow-up of the Patient safety Program .
- Member committee of examination Pharmacist for appointment in Ministry.
- Member of a number of different committees e.g. Scientific and Educational Committee in those hospital
- As a member of the Inventory Committee for Kuwait Ministry of Health our objective was to check the inventories of all the pharmacies in Kuwait. I worked alongside two pharmacists and two technicians, meeting every week to discuss inventory related matters. The inventory had to be completed within two month timescale.

Communication Skills

- Communication with physicians and patients relating to prescriptions including side effects and other information related to drugs, and ensuring the patient understood how to take their medicine and what it is used for.
- Communicating complex scientific information at a level the students would understand.
- Laboratory work included the preparation of suspensions, suppositories, other spontaneous medicine and control the specific dose.
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Publication

- **The effectiveness of aspirin with regard to the age of the persons suffering from coronary heart disease**
https://cajaps.files.wordpress.com/2014/02/314_319-cjas-ayed-july20121.pdf
Dr.Ayed Mizher Habeeb Al-Shammari1*, Dr Ian Naylor2, Professor Robert Naylor3Can J App Pharm, 2012; 3(2): 314-319
- **Aspirin brings about its beneficial effects by modification of diastolic blood pressure of smokers,**
Ayed Mizher Habeeb Al-Shammari1*, Ian Naylor2, Robert Naylor2,Can J App Pharm 03(04): 651-654; July,2012
<http://ukhealthradio.blogspot.com/2012/09/aspirin-brings-about-its-beneficial.html>

• Aspirin brings about its beneficial effects by modification of plasma cholesterol concentrations, Dr.Ayed Mizher Habeeb Al-Shammari^{1*}, Dr Ian Naylor², Professor Robert Naylor² , Can J App Pharm (2012)

<http://connection.ebscohost.com/c/articles/83768945/aspirin-brings-about-beneficial-effects-by-modification-plasma-cholesterol-concentrations>

• The rational for the use of combined drug therapy for hypertension in Kuwait. Ayed Al-Shammari, DrI.L.Naylor (Bradford University UK) 2009

<http://www.kuwaitpharmacy.com/article/80-The-rational-for-the-use-of-combined-drug-therapy-for-hypertension-in-Kuwait.aspx>

Activities and Interests

Enjoy playing team sports specially football. Also, In addition, I enjoy to go to cinema one or twice a week.

Like to travel. I travelled to my countries including France, Turkey, Egypt, Dubai UAE, Holland and many other countries.

Referees

Addresses of referees will be available upon request.

Prof. Robert Naylor

Prof. B. Clark

Dr. Ian Naylor

Dr. Khalid Assi

And other reference name during my undergraduate in Pharmacy with recommendation letters.